

Why take the Journey?

We often sense there's more to the God-life, but not sure how to get there. We want more than 'what is'. Something deeper. That desire is often God inviting us to take next steps.

If you're ready to break out of your God-box, move past your past, and embrace what can be, read on.

WORKSHOP TOPICS

BEGINNINGS

- How to Journal
- How to Study the Bible

STAGE ONE - ENTER

Part 1: DESIRE

- God's passion and plan
- My passion, my plan
- Avoiding religious cul-de-sacs

Part 2: ARCHITECTURE

- How God wired me to work
- How my experience has shaped me
- Dealing with distortions

Part 3: FATHER

- What is God really like?
- Beyond blaming God

STAGE TWO - EMERGE

Part 4: GODWALKING

- What to expect from God
- From independence to dependence
- Getting past "me"

Part 5: EXCAVATION

- Dismantling shame
- Learning to 'move on'
- What forgiveness is... and isn't

Part 6: SEXUALITY

- The pull of pornography
- Sexuality and spirituality
- My temptation cycle

STAGE THREE - WIND

Part 7: NAVIGATE

- Asking the right question
- How God leads us
- Making a biblical decision

Part 8: CONTEND

- Reality of spiritual conflict
- The battle for the mind
- How to stand your ground

Part 9: BELONG

- Being a source of life to others
- Relationships that work

Part 10: MORPH

- Changing from the inside out
- Spiritual habits to grow with



WHAT PEOPLE SAY

The process of partnering in this journey with others and God opened-up doors in my life that I thought I would never be able to open; doors that I had locked and then thrown away the key.
Administrative Assistant, 25

This is the most important course I've ever taken, not just to become a leader, but to get through life knowing the truth about myself and God.
Social worker, 32

What a gift to be set free to love and be loved. I'm just starting to get what it means to be a Christ-follower.
Homemaker, 47

I was hungry for something deeper, something intensely real about God. I didn't realize I would end-up reworking most of my 'maps' about how to do the Christian life.
Director of Children's Ministries, 27

Honestly, the course gave me hope, and a solid building block for my faith. There is a lot more freedom in my journey with Christ than I would have ever thought possible.
Architect, 28

I did not become a totally different person, change jobs, become a missionary in a foreign land, or move into a state of total bliss. But there are extensive and meaningful differences, and changes continue.
Chief Technical Officer, 58

|| Spiritual life begins where we are now in the mess of our lives. . . we let go of perfection and instead seek God, the one who is present in the tangledness of our lives. Spirituality is not about being fixed; it is about God's being present in the mess of our unfixedness. || -Mike Yaconelli

just like a garden real life takes time to grow.

REGISTER NOW
CLASS SIZE IS LIMITED.

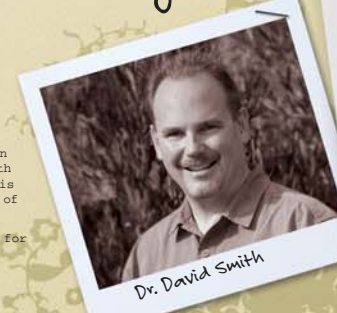
Register online at www.TheodysseyGroup.org, or complete and mail the attached registration form.

ABOUT THE LEADER

For over 20 years, Dr. David Smith has been a spiritual director, pastor, and writer, guiding and accompanying others in the Christian life. David is a gifted teacher who brings biblical insight, honesty, and humor to each session.

David received his training in Spiritual Formation and Direction from a variety of graduate schools- both Protestant and Catholic- studying with some of this generation's most gifted thinkers and practitioners of the spiritual life.

David is the Lead Navigator at the Theodyssey Center for Spiritual Formation in San Jose, CA.



Dr. David Smith

WRESTLING WITH REAL LIFE

One evening in Starbucks, you run into Pete, who was at your home Bible Study group last night. He wants to follow-up on the study about sexual purity. He's honestly confused about why some Christians are so uptight about sex. "Why do you make such a big deal out of sex; after all, it's just sex. Why drag God into it?"

What would you tell Pete?

Our Four Threads

- **Holy Scripture**
We're committed to God's 'take' on how life works.
- **Historic Christian Spirituality**
We gather wisdom from people like John of the Cross, Thomas Merton, Teresa of Avila, C.S. Lewis, Henri Nouwen, Jonathon Edwards, and many more.
- **Whole Person**
Spiritual life involves the whole person: thinking, emotions, conscience, will and sexuality.
- **Authentic Community**
We work at creating a place where authentic relationships can happen.

